

The High-Trust Relationship Builder



Discover the Identity you naturally bring to your relationship
and where trust is easiest, and hardest, for you to build.

STEP 1

Find The Archetype For Your Adaptive Identity

	TRADITIONALIST	NICE GUY	VISIONARY	ENGINEER	ARTIST	LOVER	HERO
CORE DRIVE	Honor	Approval	Possibility	Logic	Creativity	Desire	Service
WHAT FEELS AUTHENTIC	Being responsible, protective, steady, and worthy of respect	Being kind, agreeable, pleasant, and easy to be with	Moving toward what could be built, expanded, or achieved	Understanding, solving, structuring, and making sense of complexity	Expressing something real, original, meaningful, or uniquely personal	Creating connection, attraction, affection, passion, and aliveness	Helping, supporting, stepping up, and being useful when it matters
CORE QUESTION	What is the right thing to do?	What do people think of me?	What could be possible here?	What is the answer?	What can I bring that only I can bring?	What do I desire?	What can I give?
RELATIONAL GIFT	Stability	Harmony	Expansiveness	Clarity	Uniqueness	Intimacy	Support
SHADOW	Control	Avoidance	Chasing	Perfectionism	Obsession	Seduction	Self-sacrifice
GROWTH CHALLENGE	Providing to Investing	Being Liked to Being Respected	Starting to Finishing	Solving to Understanding	Creating to Handling	Objectifying to Acknowledging	Rescuing to Empowering

STEP 2

Raise Your Trust Profile

● NATURAL = Trust in this domain comes naturally

○ INTENTIONAL = raising trust in this domain requires conscious attention

TRUST DOMAIN	TRADITIONALIST	NICE GUY	VISIONARY	ENGINEER	ARTIST	LOVER	HERO
SAFETY	○	●	●	●	●	●	●
SECURITY	●	○	○	●	○	●	○
CARING	○	●	○	○	●	●	●
INTEGRITY	●	○	○	●	●	○	○
FIDELITY	●	●	○	●	●	○	○
RELIABILITY	●	○	○	●	○	○	●
REPAIR	○	●	○	○	○	●	●



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